

MAY 30, 2026 – SIVAN 14 5786 ZEBULUN

*El Shaddai Ministries welcomes
you to your Sabbath*

פְּרַשְׁתַּי נִשְׂא

Nasso

“Lift”

Numbers 4:21-7:89

Judges 13:2-25

Luke 1:11-20s



Pastor Mark Biltz

Service Hours:

First Service: 9:00 AM – 11:15 AM

Second Service:

11:45 AM – 2:00 PM

Children & Teen Classes

Second Service

Office:

1231 Fryar Ave.

Sumner, WA 98390

253-862-8010

M-TH: 9:30AM-4PM PT

Friday: 9:30AM-2PM PT

esm.us

TORAH PORTION

Numbers 4:21-23 Then the LORD spoke to Moses, saying: Also take a census of the sons of Gershon, by their fathers' house, by their families. **From thirty years old and above, even to fifty years old, you shall number them, all who enter to perform the service, to do the work in the tabernacle of meeting.**

Numbers 5:5-7 And the LORD spoke to Moses, saying, Speak to the children of Israel, When a man or woman shall commit any sin that men commit, to do a trespass against the LORD, and that person be guilty, Then they shall confess their sin which they have done: And he shall recompense his trespass with the principal thereof, and add unto it the fifth part thereof, and **give it to him against whom he has trespassed.**

1 John 3:4 Whoever commits sin transgresses also the law: For sin is the transgression of the law.

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar, and his word is not in us.

Numbers 6:1,2 And the LORD spoke to Moses, saying, Speak unto the children of Israel, and say to them, When either man or woman shall separate themselves to vow a vow of a Nazarite, to separate themselves to the LORD.

Numbers 6:5 All the days of the vow of his separation there shall no razor come on his head: Until the days be fulfilled, in the which he separates himself to the LORD, he shall be holy and shall let the locks of the hair of his head grow.

Numbers 6:1 This is the **law of the Nazirite**: When the days of his separation are fulfilled, he shall be brought to the door of the Tent of Meeting, and he shall offer his offering to the LORD, one **male lamb** a year old without blemish for a burnt offering, and one **ewe lamb** a

year old without blemish for a sin offering, and **one ram** without blemish for peace offerings, and **a basket of unleavened bread, cakes of fine flour mixed with oil, and unleavened wafers anointed with oil, and their meal offering, and their drink offerings.**

Numbers 6:18 The Nazirite shall shave the head of his separation at the door of the Tent of Meeting and shall take the hair of the head of his separation and put it on the fire which is under the sacrifice of peace offerings.

Acts 18:18 Paul, having stayed after this many more days, took his leave of the brothers, and sailed from there for Syria, together with Priscilla and Aquila. He shaved his head in Cenchreae, for he had a vow.

Acts 21:23,24 Therefore do what we tell you. We have **four men** who have taken a vow. Take them, and **purify yourself with them, and pay their expenses** for them, that they may shave their heads. Then all will know that there is no truth in the things that they have been informed about you, but that you yourself also walk keeping the Torah.

Acts 6:7 The word of God increased and the number of the disciples multiplied in Jerusalem exceedingly. A great company of the priests were obedient to the faith.

Numbers 6:22-27 And the LORD spoke to Moses, saying, Speak to Aaron and to his sons saying, In this way you shall bless the sons of Israel, saying to them, The LORD bless you and keep you. The LORD make His face to shine upon you and be gracious to you. The LORD lift up His countenance upon you and give you peace. And they shall put My name upon the sons of Israel. And I, I will bless them.

Deuteronomy 28:1,2 And it shall come to pass, if thou shalt hearken diligently unto the voice of the Lord thy God, to observe and to do all his commandments which I command thee this day, that the Lord thy God will set thee on high above all nations of the earth: And all these

blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the Lord thy God.

1 Chronicles 29:20 And David said to all the congregation, Now ble^ss <barak> the LORD your God. And all the congregation blessed the LORD God of their fathers, and bowed down their heads.

Psalm 95:6 O come, let us worship and bow down: Let us kneel <barak> before the LORD our maker.

Philippians 2:7,8 But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross.

Genesis 1:16,17 And God made two great lights, the greater light to rule the day, and the lesser light to rule the night: He made the stars also. And God set them in the firmament of the heaven to give light upon the earth,

Deuteronomy 31:17,18 Then my anger shall be kindled against them in that day, and I will forsake them, and **I will hide my face** from them, and they shall be devoured, and many evils and troubles shall befall them, so that they will say in that day, Are not these evils come upon us, because our God is not among us? And I will surely hide my face in that day for all the evils which they shall have wrought, in that they are turned unto other gods.

Psalm 31:9 Have mercy upon me, O LORD, for **I am in trouble.**

Romans 5:8 But God commended his love toward us, in that, while we were yet sinners, Christ died for us.

Genesis 4:6 And the LORD said unto Cain, Why are you angry? And why is your countenance fallen?

Philippians 4:7 And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus.

Luke 24:50 And he led them out as far as to Bethany, and he lifted up his hands, and blessed them. And it came to pass, while he blessed them, he was parted from them, and carried up into heaven.

Judges 13:2 And there was *a certain man* of Zorah, of the **family of the Danites**, whose name was Manoah, and his wife was barren, and bore not.

Judges 13:3 The angel of the LORD appeared to **the woman**.

Judges 13:6 Then **the woman** came and told her husband.

Judges 13:9 And the angel of God came again to **the woman** as she sat in the field.

Judges 13:10 **The woman** made haste, and ran, and told her husband.

Judges 13:11 Manoah arose, and went after his wife, and came to the man, and said to him, Are you the man who spoke to **the woman**?

Judges 13:13 The angel of the LORD said to Manoah, Of all that I said to **the woman** let her beware.

Joshua 19:40,41b The seventh lot came out for the tribe of the children of Dan according to their families. The border of their inheritance was Zorah,

Joshua 15:21 The farthest cities of the tribe of the children of Judah toward the border of Edom in the South were Kabzeel, Eder, Jagur.

Joshua 15::33 In the lowland, Eshtaol, Zorah, Ashnah.

Judges 15:7,8 Samson said to them, If you behave like this, surely I will be avenged of you, and after that I will cease. He struck them hip and thigh with a great slaughter: And he went down and lived in the cleft of the rock of Etam.

1 Chronicles 4:1-3 The sons of Judah: Perez, Hezron, and Carmi, and Hur, and Shobal. Reaiah the son of Shobal became the father of Jahath, and Jahath became the father of Ahumai and Lahad. These are the families of the **Zorathites**. These were the sons of the father of **Etam**: Jezreel, and Ishma, and Idbash, and the name of their sister was **Hazzelepni**.

Judges 13:3-5 And the angel of the LORD appeared to the woman, and said to her, Behold now, you are barren, and bore not: **but you shall conceive, and bear a son**. Now therefore beware, I pray you, and drink not wine nor strong drink, and eat not any unclean thing: For, see, **you shall conceive, and bear a son**, and no razor shall come on his head: For the child shall be a Nazarite unto God from the womb: And he shall begin to deliver Israel out of the hand of the Philistines.

Judges 13:24 And the woman bore a son, and called his name Samson: And the child grew, and the LORD blessed him.

Judges 13:6 Then the woman came and told her husband, saying, A man of God came to me, and his countenance was like the countenance of an angel of God, very terrible: But I asked him not where he was, **neither told he me his name**.

Judges 13:22 And Manoah said to his wife, We shall surely die, because we have seen God.

Judges 13:17,18 And Manoah said to the angel of the LORD, **What is your name**, that when your sayings come to pass we may do thee honor? And the angel of the LORD said to him, Why ask you thus after my name, seeing it is **secret**?

Psalms 139:6 Such knowledge is too **wonderful** for me, it is high, I cannot attain unto it.

Judges 13:19 So Manoah took a kid with a meat offering and offered it on a rock to the LORD: And the angel did **wondrously**, and Manoah and his wife looked on.

Isaiah 9:6 For to us a child is born, to us a son is given: And the government shall be on his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace.

John 3:16a For God so loved the world, that he gave his only begotten Son,

Here in Isaiah 9:6 the letter yood is dropped from the word implying a wonderful secret.

JEREMIAH 23,30,31

Jeremiah 23:16,17 Thus says the LORD of hosts: Do not listen to the words of the prophets who prophesy to you. They make you worthless, They speak a vision of their own heart, Not from the mouth of the LORD. They continually say to those who despise Me, The LORD has said, You shall have peace, And to everyone who walks according to the dictates of his own heart, they say, No evil shall come upon you.

Jeremiah 23:18-20 For who has stood in the counsel of the LORD, And has perceived and heard His word? Who has marked His word and heard it? Behold, a whirlwind of the LORD has gone forth in fury, A violent whirlwind! It will fall violently on the head of the wicked. The anger of the LORD will not turn back Until He has executed and performed the thoughts of His heart. In the latter days you will understand it perfectly.

Jeremiah 23:21,22 I have not sent these prophets, yet they ran. I have not spoken to them, yet they prophesied. But if they had stood in My counsel, And had caused My people to hear My words, Then they would have turned them from their evil way. And from the evil of their doings.

Jeremiah 23:23,24 Am I a God near at hand, says the LORD, And not a God afar off? Can anyone hide himself in secret places, So I shall not see him? says the LORD; Do I not fill heaven and earth? b says the LORD.

Jeremiah 23:25-27 I have heard what the prophets have said who prophesy lies in My name, saying, I have dreamed, I have dreamed! How long will this be in the heart of the prophets who prophesy lies? Indeed, they are prophets of the deceit of their own heart, who try to make My people forget My name by their dreams which everyone tells his neighbor, as their fathers forgot My name for Baal.

Jeremiah 23:28,29 The prophet who has a dream, let him tell a dream, And he who has My word, let him speak My word faithfully. What is the chaff to the wheat? says the LORD. **Is not My word like a fire? says the LORD, And like a hammer that breaks the rock in pieces?**

Jeremiah 23:30-32 Therefore behold, I am against the prophets, says the LORD, who steal My words everyone from his neighbor. Behold, I am against the prophets, says the LORD, who use their tongues and say, He says. Behold, I am against those who prophesy false dreams, says the LORD, and tell them, and cause My people to err by their lies and by their recklessness. Yet I did not send them or command them, therefore, they shall not profit this people at all, says the LORD.

Jeremiah 30:1-3 The word that came to Jeremiah from the LORD, saying, Thus speaks the LORD God of Israel, saying: Write in a book for yourself all the words that I have spoken to you. For behold, the days are coming, says the LORD, that I will bring back from captivity My people Israel and Judah, says the LORD. And I will cause them to return to the land that I gave to their fathers, and they shall possess it.

Jeremiah 30:4-7 Now these are the words that the LORD spoke concerning Israel and Judah. For thus says the LORD: We have heard a voice of trembling, Of fear, and not of peace. Ask now, and see, Whether a man is ever in labor with child? So why do I see every man with his hands on his loins Like a woman in labor, And all faces turned pale? Alas! For that day is great, So that none is like it, And it is the time of Jacob's trouble, But he shall be saved out of it.

Jeremiah 30:8-10 For it shall come to pass in that day, Says the LORD of hosts, That I will break his yoke from your neck And will burst your bonds, Foreigners shall no more enslave them. But they shall serve the LORD their God, And David their king, Whom I will raise up for them. Therefore, do not fear, O My servant Jacob, says the LORD, Nor be dismayed, O Israel, For behold, I will save you from afar, And your seed from the land of their captivity. Jacob shall return, have rest and be quiet, And no one shall make him afraid.

Jeremiah 30:11 For I am with you, says the LORD, to save you, Though I make a full end of all nations where I have scattered you, Yet I will not make a complete end of you. But I will correct you in justice And will not let you go altogether unpunished.

Jeremiah 30:12-14 For thus says the LORD: Your affliction is incurable, Your wound is severe. There is no one to plead your cause, That you may be bound up, You have no healing medicines. All your lovers have forgotten you, They do not seek you, For I have wounded you with the wound of an enemy, With the chastisement of a cruel one, For the multitude of your iniquities, Because your sins have increased.

Jeremiah 30:15,16 Why do you cry about your affliction? Your sorrow is incurable. Because of the multitude of your iniquities, Because your sins have increased, I have done these things to you. Therefore, all those who devour you shall be devoured, And all your adversaries, every one of them, shall go into captivity, Those who plunder you shall become plunder, And all who prey upon you I will make a prey.

Jeremiah 30:17,18 For I will restore health to you And heal you of your wounds, says the LORD, Because they called you an outcast saying: This is Zion, No one seeks her. Thus says the LORD: Behold, I will bring back the captivity of Jacob's tents, And have mercy on his dwelling places, The city shall be built upon its own mound, And the palace shall remain according to its own plan.

Jeremiah 30:19,20 Then out of them shall proceed thanksgiving And the voice of those who make merry, I will multiply them, and they shall not diminish, I will also glorify them, and they shall not be small. Their children also shall be as before, And their congregation shall be established before Me, And I will punish all who oppress them.

Jeremiah 30:22-24 You shall be My people, And I will be your God. Behold, the whirlwind of the LORD Goes forth with fury, A continuing whirlwind, It will fall violently on the head of the wicked. The fierce anger of the LORD will not return until He has done it, And until He has performed the intents of His heart. In the latter days you will consider it.

Jeremiah 31:1,2 At the same time, says the LORD, I will be the God of all the families of Israel, and they shall be My people. Thus says the LORD: The people who survived the sword **Found grace in the wilderness** Israel, when I went to give him rest.

Jeremiah 31:3,4 The LORD has appeared of old to me, saying: Yes, I have loved you with an everlasting love, Therefore, with lovingkindness I have drawn you. Again, I will build you, and you shall be rebuilt, O virgin of Israel! You shall again be adorned with your tambourines And shall go forth in the dances of those who rejoice.

Jeremiah 31:5,6 You shall yet plant vines on the mountains of Samaria, The planters shall plant and eat them as ordinary food. For there shall be a day When the watchmen will cry on Mount Ephraim, Arise, and let us go up to Zion, To the LORD our God.

Jeremiah 31:7,8 For thus says the LORD: Sing with gladness for Jacob, And shout among the chief of the nations, Proclaim, give praise, and say, O LORD, save Your people, The remnant of Israel! Behold, I will bring them from the north country, And gather them from the ends of the earth, Among them the blind and the lame, The woman with child And the one who labors with child, together, A great throng shall return there.

Jeremiah 31:9 They shall come with weeping, And with supplications I will lead them. I will cause them to walk by the rivers of waters, In a straight way in which they shall not stumble, For I am **a Father to Israel, And Ephraim is My firstborn.**

Jeremiah 31:10-12 Hear the word of the LORD, O nations, And declare it in the isles afar off, and say, He who scattered Israel will gather him, And keep him as a shepherd does his flock. For the LORD has redeemed Jacob And ransomed him from the hand of one stronger than he. Therefore, they shall come and sing in the height of Zion, Streaming to the goodness of the LORD. For wheat and new wine and oil, For the young of the flock and the herd, Their souls shall be like a well-watered garden, And they shall sorrow no more at all.

Jeremiah 31:13,14 Then shall the virgin rejoice in the dance, And the young men and the old, together, For I will turn their mourning to joy, Will comfort them, And make them rejoice rather than sorrow. I will satiate the soul of the priests with abundance, And My people shall be satisfied with My goodness, says the LORD.

Jeremiah 31:15,16 Thus says the LORD: A voice was heard in Ramah, Lamentation and bitter weeping, Rachel weeping for her children, Refusing to be comforted for her children, Because they are no more. Thus says the LORD: Refrain your voice from weeping, And your eyes from tears, For your work shall be rewarded, says the LORD, And they shall come back from the land of the enemy.

Jeremiah 31:17-19 There is hope in your future, says the LORD, That your children shall come back to their own border. I have surely heard Ephraim bemoaning himself: You have chastised me, and I was chastised, Like an untrained bull, Restore me, and I will return, For You are the LORD my God. Surely, after my turning, I repented, And after I was instructed, I struck myself on the thigh, I was ashamed, yes, even humiliated, Because I bore the reproach of my youth.

Jeremiah 31:20 Is Ephraim My dear son? Is he a pleasant child? For though I spoke against him, I earnestly remember him still, Therefore, My heart yearns for him, I will surely have mercy on him, says the LORD.

Jeremiah 31:21,22 Set up signposts, Make landmarks, Set your heart toward the highway, The way in which you went. Turn back, O virgin of Israel, Turn back to these your cities. How long will you gad about, O you backsliding daughter? For the LORD has created a new thing in the earth, A woman shall encompass a man.

Jeremiah 31:23-25 Thus says the LORD of hosts, the God of Israel: They shall again use this speech in the land of Judah and in its cities, when I bring back their captivity: The LORD bless you, O home of justice, and mountain of holiness! And there shall dwell in Judah itself, and in all its cities together, farmers and those going out with flocks. For I have satiated the weary soul, and I have replenished every sorrowful soul.

Jeremiah 31:26-30 After this I awoke and looked around, and my sleep was sweet to me. Behold, the days are coming, says the LORD, that I will sow the house of Israel and the house of Judah with the seed of man and the seed of beast. And it shall come to pass, that as I have watched over them to pluck up, to break down, to throw down, to destroy, and to afflict, so I will watch over them to build and to plant, says the LORD. In those days they shall say no more: The fathers have eaten sour grapes, And the children's teeth are set on edge. But everyone shall die for his own iniquity, every man who eats the sour grapes, his teeth shall be set on edge.

Jeremiah 31:31,32 Behold, the days are coming, says the LORD, when I will make a new covenant with the house of Israel and with the house of Judah not according to the covenant that I made with their fathers in the day that I took them by the hand to lead them out of the land of Egypt, My covenant which they broke, **though I was a husband to them,** says the LORD.

Hebrews 8:8,9 Because finding fault with them, He says: Behold, the days are coming, says the LORD, when I will make a new covenant with the house of Israel and with the house of Judah not according to the covenant that I made with their fathers in the day when I took them by the hand to lead them out of the land of Egypt, because they did not continue in My covenant, **and I disregarded them, says the LORD.**

Jeremiah 31:33,34 But this is the covenant that **I will make with the house of Israel** after those days, says the LORD: **I will put My law in their minds, and write it on their hearts,** and I will be their God, and they shall be My people. No more shall every man teach his neighbor, and every man his brother, saying, Know the LORD, for they all shall know Me, from the least of them to the greatest of them, says the LORD. For I will forgive their iniquity, and their sin I will remember no more.

Jeremiah 31:35-37 Thus says the LORD, **Who gives the sun for a light by day, The ordinances of the moon and the stars for a light by night,** Who disturbs the sea, And its waves roar (The LORD of hosts is His name): If those ordinances depart From before Me, says the LORD, **Then the seed of Israel shall also cease From being a nation before Me forever.** Thus says the LORD: If heaven above can be measured, And the foundations of the earth searched out beneath, I will also cast off all the seed of Israel For all that they have done, says the LORD.

Jeremiah 31:38,39 Behold, the days are coming, says the LORD, that the city shall be built for the LORD from the Tower of Hananel to the Corner Gate. The surveyor's line shall again extend straight forward over the hill Gareb, then it shall turn toward Goath. And the whole valley of the dead bodies and of the ashes, and all the fields as far as the Brook Kidron, to the corner of the Horse Gate toward the east, shall be holy to the LORD. It shall not be plucked up or thrown down anymore forever.

<u>Announcements</u>	
Tuesday	Prayer Team meets for prayer and Worship 1:00 PM – 2:30 PM
Thursday	Manna Time is held at El Shaddai Ministries from 10:00 am – 11:30.
Saturday – New Time	Torah Club meets upstairs in the Studio area from 12:30 PM 2:30 PM.
Saturday	Beginning this Saturday our Service time will begin at 10:00 A.M as we will be holding one service on Saturday morning.
May 31 st , Sunday	Men’s ministry will meet at 9:00 AM at El Shaddai Ministries. Bring your bibles and we look forward to seeing you there!!
May 31 st , Sunday	Join the Women’s Ministry is to join us for a Special time together of Taco’s and Korean Skin Care time on Sunday, May 31 st from 12:00 PM – 3:00. PM . Please sign up on the back table and contact Giomi if you have any questions.
July 11th, Saturday	Join us to hear our Special guest Marzi Weh, in the second half speaking on her life in prison in Iran.
July 12th, Sunday	Join us all day for a 1 day Conference with Jonathan Feldstein And Marzi Weh. Time of Conference TBA.
August 9, 10, & 11 th	Join us at El Shaddai Ministries as Pastor Mark will be hosting a conference Sunday, Monday, and Tuesday with Rabbi Mark Fishman as he speaks on the Month of Elul, “The King is in The Field”
Acts to Revelations Has Arrived!!	We are so excited to announce Acts to Revelations, Volume 2 has arrived in our office and is available for purchase in our bookstore and on our website!!
Free Download!!	We would love your review on our products on Amazon!! Write a review on our products on Amazon and we will send you a free downloadable Calendar.
Pre-Order The New Testament Set	We are excited to share that Pre-Order of the three Volume set of the New Testament is available to order for \$99.95 online and for local pick up. It may be ordered on-line at esm.us call the office at 253-862-8010 and for local pick up, place the order over the phone or in person. Feel free to contact us for any questions!

<p>Israel Trip October 2026 We are off to Israel for 2026!! Join us for an amazing tour of Israel with Pastor Mark, October 17 – 28, 2026! We will be visiting Caesarea, Galilee, City of David, Shiloh, Jerusalem and much more!! Contact Giomi Emerson at 253-862-8010 ext: 112. We would so love to have you with us to be impacted by Israel and His Land!</p>	
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Date:

Prayer Request:

Complete the following if you wish to be contacted.

Name:

Phone Number:

Please email your request to: prayer@esm.us or place it in an offering box.