The Hebrew Meanings of the 10 Generations Mentioned in Genesis 5:

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Adam, Seth, Enos, Cainain, Mahalaleel, Jared, Enoch, Methuselah, Lamech, Noah

ADAM = *MANKIND*
OT;120 'adam (aw-dawm'); from OT:119; ruddy **i.e.** a human being (an individual or the species, mankind, **etc.):**

SETH = *IS APPOINTED TO*
OT:7896 shiyth (sheeth); a primitive root; to place KJV appoint

ENOS = *FEEBLE, FRAIL, MORTALITY (#582 FROM #605)*
OT:582 'enowsh (en-oshe'); from OT:605; properly, a mortal OT:605
'anash (aw-nash'); a primitive root; to be frail, **feeble**

CAINAN = *A FIXED DWELLING PLACE*
OT:7064 qen (kane); contracted from OT:7077; a nest (as fixed)

MAHALALEEL = *GOD WHO IS PRAISED*
OT:4111 Mahalal' el (mah-hal-al-ale'); from OT:4110 and OT:410; praise of God

JARED = *COMES DOWN, DESCEND*
OT:3382 Yered (yeh'-red); from OT:3381; a descent;

ENOCH = *TO INSTRUCT, TRAIN UP*
OT:2596 chanak (khaw-nak'); to initiate or discipline: KJV - dedicate, train up.

METHUSELAH = *A MAN SENT FORTH(#4968 FROM #4962, #7973)*
OT:4968 Methuwshelach (meth-oo-sheh'-lakh); from OT:4962 and OT:7973; man of a dart;
OT:4962 math (math); an adult (as of full length); by implication, a man
OT:7973 shelach (sheh'-lakh); from OT:7971; a missile of attack,

LAMECH = *TO BE BEATEN, SMITTEN, AND TORTURED*
OT:3929 Lemek (leh'-mek); from #4347
OT:4347 makkah, a blow, by implication, a wound; carnage, also beaten, slaughter, smote, X sore, stripe, stroke, wound((-ed)).

NOAH = *BRINGING REST, A QUIET PEACE*
OT:5146 Noach (no' -akh); the same as OT:5118; rest
OT:5118 nuwach (noo'-akh); or nowach (no'-akh); from OT:5117; quiet:

MANKIND / IS APPOINTED TO / FEEBLE, FRAIL, MORTALITY / A FIXED DWELLING PLACE. / GOD WHO IS PRAISED / COMES DOWN / TO INSTRUCT / AS A MAN SENT FORTH / TO BE BEATEN, SMITTEN AND TORTURED / BRINGING REST, A QUIET PEACE,

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ADAM	אדם	SHELAH	שלח
SETH	שת	EBER	עבר
ENOSH	אנוש	PELEG	פלג
CAINAAN	קינן	REU	רעו
MAHALALEEL	מהללאל	SERUG	שרוג
JARED	ירד	NAHOR	נחור
ENOCH	חנוך	TERAH	תרח
METHUSELAH	מתושלח		
LAMECH	למך		
NOAH	נח		
SHEM	שם		
ARPHAXAD	ארפכשד		

אשא קמי חמל נשא שעפר שנת

אשא = I will forgive

קמי = my enemies

חמל = showing compassion

נשא = forgiving

שעפר = those of dust

שנת = a second time